

Your Questions Answered

What should we wear?

- Athletic attire such as t-shirts & shorts or leotards are suggested.
- Be sure to tie long hair back and remove all jewelry.
- All Participants should wear socks!
- Most of all don't forget your smile!

Where is Spring Action?

- 5515 Canotek Rd – Unit 2! We are on the corner of where Canotek meets Canotek beside Elite Luxury cars.
- Click link to see map! <https://www.google.ca/maps/place/5515+Chemin+Canotek,+Gloucester,+ON+K1J+9J4/@45.4568263,-75.5861805,17z/data=!3m1!4b1!4m2!3m1!1s0x4cce1031b46555b3:0xb6516f42d5cf091d>
- By clicking the “get directions” function on the tool bar you can find directions to Spring Action from wherever you live!

When should I arrive for my party?

- We encourage all participants to arrive no more than 5 minutes before their scheduled party as we will have other activities going in the gym!
- Please note coaches will be busy with other participants until the start of your party; we kindly ask that you wait together as a group for your party to start.

Is trampoline safe?

- Trampoline as an activity is safe provided the participants willingly follow the rules and guidelines laid out by the certified coaches. Here at Spring Action Trampoline our staff does everything they can to provide our clients with the lowest possible risk of injury while providing a fun and safe environment.
- With safety as our first priority we do ask that all parents encourage participants to listen to the instructors so that everyone can have the most fun possible!

How much will my birthday party cost and what does it include?

- At Spring Action we understand that everybody only gets one birthday a year! We believe that one day should be as special as possible so please choose the package that will make the most successful party for your guest of honour.

Basic Party Package - 4 yrs and up

Our basic party package includes:

- 1 hour in the gymnasium with certified coach(es)
- Electronic Invitations
- Free One Hour Instructional Class for the Birthday guest of honour (\$20 value)
 - \$135+ HST for up to 10 participants – 1 Instructor
 - \$185 + HST for 11-16 participants – 2 Instructors
 - \$235 + HST for 17-24 participants – 3 Instructors

Basic Party Package + Room - 4yrs and up

Basic Party Package + Party Room

- 1 hour in the gymnasium with certified coach(es)
- 1 hour in the party room (parental supervision required)
- You may supply your own food and refreshments in the party room (peanut free please!)
- Electronic Invitation
- Free One Hour Instructional Class for the Birthday guest of honour (\$20 value)
 - \$185 + HST for up to 10 participants – 1 Instructor
 - \$235 + HST for 11-16 participants – 2 Instructors
 - \$285 + HST for 17-24 participants – 3 Instructors

Teen Party Package - 12yrs and up

- 2 hours of open gym time
- 20 min introduction session with certified coach(es)
- Access to the party room (parental supervision required in party room)
- You may supply your own food and refreshments in the party room (peanut free please!)
- Electronic Invitations
- Free One Hour Instructional Class for the Birthday Guest of Honor (\$ 20 value)
 - Minimum of 10 guests or \$100
 - Maximum of 20 guests
 - \$10 per person

* Please note the Teen Party Package is only available on Saturdays & Sundays from 3-5pm & that the party room will be available as of 3:30pm!

What happens if I need to change the date of my party?

- The deposit given for birthday parties is a non-refundable deposit. Refunds will not be issued for any birthday parties or group bookings. We will make every effort to accommodate a change in time and date with the following administrative fees:
 - o 21 or more days notice – no fee
 - o 10-20 days notice - \$35 administration fee
 - o 1-9 days notice - \$75 non-refundable fee

What else should I know about booking a party at Spring Action?

- In order to confirm your booking please email the booking form below along with a \$75 non-refundable deposit by email transfer to info@springaction.ca with the security password: springaction.
- Spring Action will tentatively hold your booking for ONE business day. If we have not received the deposit within one business day we will open it up for the next party.
- Spring Action takes cash or cheque only on-site
- The Participant information form can be brought on the day of the party. We can not start the party without this form completed so please try to make sure it is complete before you arrive so that we can start the jumping right away!
- If you have the party room booked please remember it is only for 1 hour and to leave it clean for the next party!

** a copy of both forms is located at the bottom of this document or at :
<http://www.springaction.ca/birthday-parties.html>

Party and Group Registration Form

Name of Contact Person: _____

Name of Guest of Honour: _____

Phone: _____ Birth date (D/M/Y): _____

E-mail Address: _____

Date of Party: _____ Time of Party: _____

Please choose your package:

Basic Package: up 10 ppl - up to 16 - up to 24

Basic Package + Party Room: up 10 ppl - up to 16 - up to 24

Teen Party Package: up 10 ppl - up to 16 - up to 20

- I have sent my non-refundable deposit of \$75
- I understand that if I have booked the party room I am responsible to leave it clean and ready for the next party or I will be charged a \$50 cleaning fee.
- I understand that my party and belongings must be out of the party room within 1 hour or I will be charged a \$50 penalty.
- While in the party room children are NOT allowed to be in the gymnasium. Once the first hour of the party with Spring Action instructors is over, guests are no longer permitted to use Spring Action equipment or play in the facility, we thank you for your attention to this matter! (Does not apply to Teen Party Package)
- **I understand that my balanced owed must be paid by cash or cheque.**

Notice Of Warning:

There is a potential risk of injury involved in training and participating in any sport. Spring Action has made every effort to create a safe and controlled environment for participation. Rules, that must be followed, have also been established for participation and conduct on and about the training area.

Signature of Parent or Guardian

Date

PARTICIPANT INFORMATION FORM

Complete names (first and last) as well as emergency telephone numbers of all participants in the party must be provided. Please bring this completed form with you on the day of your booking and give it to the instructor on site. This form is required by Gymnastics Ontario for insurance purposes and the party will not be able to start until it is completed.

Thank you for your cooperation and we look forward to seeing you at Spring Action!

Contact Name: _____ Contact Phone Number: _____

Birthday Persons Name: _____ Birthdate (D/M/Y): ____/____/____

Organization Name (for Group Bookings only): _____

Date of Party (D/M/Y): ____/____/____ Time: _____ Number of Guests: _____

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