



## SPRING ACTION TRAMPOLINE

# March Break Camp

5515 Canotek Rd-Unit 2,  
Ottawa, ON, K1J 9K9

## Information Sheet

### **A FEW REMINDERS:**

- Dress in athletic attire.
- Bring long sleeves and track pants when learning basic landing skills on trampoline (first few days!)
- Long hair should be tied back
- No jewelry
- Bring lunch, snacks and plenty to drink! No nuts please!
- Leave all valuables or electronics at home. Spring Action is not responsible for lost or stolen items.

### **EXTRA CARE:**

**Parents must sign up and pay in advance for extra care!**

Time: Extra care is available from **7:30 – 9:00am** and from **4:00 – 5:30pm**.

During these hours supervision is provided, NOT instruction. Participants are permitted to use any juggling apparatus; however, they are not allowed on any of the equipment (i.e. trampolines, trapeze, mini-tramp etc).

Cost: \$8.00 per day

Late pick-up charge: \$10 for any time between 5:30 and 5:40, plus \$5 for every portion of five minutes thereafter. Please remember that our staff do have other jobs and responsibilities to tend to therefor, picking your child up on time is very important!

### **CANCELLATION POLICY:**

- Administration fee: \$35.00
- Refunds will only be issued if a medical note is provided stating that the individual is not physically able to participate in the activities. Spring Action must be informed a minimum of 1 week (seven days) prior to the start of the camp that the individual will no longer be participating. In this case the payer will be charged the \$35 administration fee and the remaining amount will be refunded.
- A Credit will be issued if the participant is withdrawn from the program for any other reason. Spring Action must be informed a minimum of 2 weeks (fourteen days) prior to the start of the camp that the individual will no longer be participating. In this case, the payer will be charged a \$35 administration fee and the remaining amount will be credited toward any other Spring Action program or booking.
- We have limited space in our camps and our coach to participant ratios are extremely important to us. Our staff schedules are planned before camp begins and for this reason, we will not be able to provide a partial credit for participants who are absent due to illness or other reasons if they miss one or more days of camp.

### **FOOD RESTRICTIONS:**

Due to the rising number of nut allergies, Spring Action has a NUT FREE POLICY for camp. Please be sure that there are no peanuts or nuts in any of the participant's lunches or snacks, this includes peanut butter, Nutella and any food that contains nuts. Please read labels carefully! If your child has any other allergies, please inform the camp director well in advance so that we can properly distribute information to other participants.

Thank you for your attention to these matters.  
We look forward to having your child participate in our camp,  
and anticipate a great experience!!

**info@springaction.ca ~613-761-9620**

**www.springaction.ca**